

Sleep Apnea Looks Different in Women

Rethinking HSAT for Gender-Inclusive Care

A new white paper from Nox explores why women with OSA are often overlooked in diagnosis and treatment—and how advanced home sleep testing (HSAT) can close the gap left by traditional methods.

- Women often present with fatigue and insomnia—not snoring or apneas
- Most HSATs miss subtle events like hypopneas with arousals
- Nox T3® HSAT detects subtle events using advanced RIP and AI*



Scan to learn more
and access the full paper



Why this matters:

OSA in women is frequently underdiagnosed due to atypical symptoms and limitations in standard HSAT.

The Nox T3® is different:

- No contraindications in intended use.
- Detects arousals and sleep staging with RIP-based, AI-enhanced scoring*
- Supports more conclusive HSAT*

*FDA cleared software medical device DeepResp K241960.



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